

The background is a deep blue with a complex, glowing network of white and light blue lines and spheres, resembling a molecular structure or a data network. The spheres vary in size and are connected by thin lines, creating a sense of depth and connectivity.

# The Sino-Russian High-End Forum on Nutrition and Chronic Diseases

Host: Harbin Medical University

The Association of Sino-Russian Medical Universities

Organizer : The Public Health School of Harbin Medical University

December 18th, 2021

December 18th, 2021 Agenda(Moscow time)			
Session1 09:00-09:30	Opening Ceremony		
Host of the conference : Dan Yang, director of International Exchange Division of Harbin Medical University			
Time	Topic	Speaker	Unit
9:00-9:10	opening speech	Chaoqian Xu ,the vice president	Harbin Medical University
9:10-9:20	opening speech	Professor Zaynudinov Z.Z	Sechenov University
9:20-9:30	Group Photo(All participants)		
Session2 9:30-12:20	Conference Report		
Host of the conference: Professor Changhao Sun, the vice president of Harbin Medical University			
9:30-9:50	The effect and mechanism of vitamin K2 supplementation on type 2 diabetes	Professor Liying	Harbin Medical University
9:50-10:10	Modern view of nutritionally dependent diseases associated with obesity	Professor Sharafetdinov X.X	Sechenov University

Time	Topic	Speaker	Unit
10:10-10:40	Lactoferrin and ethanol-induced liver injury: an animal study	Professor Liqiang Qin	Suzhou University
10:40-11:00			
11:00-11:30	Healthy eating patterns and risk of cardiovascular disease and mortality	Professor Zhilei Shan	Huazhong University of Science and Technology
11:30-11:50	Individual postprandial glycemic responses to diet in n-of-1 trials: Westlake N-of-1 Trials for Macronutrient Intake	Dr. Yuanqing Fu, vice professor	West Lake University
11:50-12:20	Discussion	All participants	
12:20-13:30	Breaking		

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Session3 13:30-15:45	The Youth Forum		
Host of the presentation：Professor Yucun Niu			
Time	Topic	Speaker	Unit
13:30-13:45	Fetal malnutrition is associated with impairment of endogenous melatonin synthesis in pineal via hypermethylation of promoters of protein kinase C alpha and cAMP-response element-binding	Dr.Huanyu Wu	Harbin Medical University
14:00-14:15	The influence of dietary habits of Central Russians on the development of atherosclerosis	Khoroshikh Anna	Voronezh State Medical University named after N.N. Burdenko
14:15-14:30	Association of Serum Vitamin A and Type 2 Diabetes Mellitus Based on Machine Learning in Middle and Aged Chinese Population	Dr.Pengfei Li	Capital Medical University
14:30-14:45	The associations between non-caloric artificial sweetener saccharin intake and all-cause or specific mortality in patients with diabetes and prediabetes: a prospective research in NHANES 1988-1994.	Dr. Zhang yuntao	Harbin Medical University

Time	Topic	Speaker	Unit	
14:45-15:00	Nutritional status in children with autism depending on gluten-free diet	Bakaeva Nadezhda	Voronezh State Medical University named after N.N. Burdenko	
15:00-15:15	The Associations of Circulating Common and Uncommon Polyunsaturated Fatty Acids and modification effects on dietary quality with All-Cause and Disease-Specific Mortality in NHANES 2003-2004 and 2011-2012	Dr.Xuanyang Wang	Harbin Medical University	
15:15-15:30	The effect and mechanism of phytochemical EGCG prolonglifespan on rats in high-fat dietary	Yuqiao Li	Harbin Medical University	
15:30-15:45	Discussion	All participants		